

110TH CONGRESS  
2D SESSION

# H. RES. 1439

Expressing support for designation of the month of September 2009 as “National Atrial Fibrillation Awareness Month” and supporting efforts to educate the public about atrial fibrillation.

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## IN THE HOUSE OF REPRESENTATIVES

SEPTEMBER 15, 2008

Mr. RUPPERSBERGER (for himself, Ms. GRANGER, and Mr. GONZALEZ) submitted the following resolution; which was referred to the Committee on Energy and Commerce

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## RESOLUTION

Expressing support for designation of the month of September 2009 as “National Atrial Fibrillation Awareness Month” and supporting efforts to educate the public about atrial fibrillation.

Whereas atrial fibrillation is a cardiac condition in which electrical pulses disrupt the regular beating of the atria in the heart, hampering the atria’s ability to fill the ventricles with blood, thus allowing blood to pool in the atria and form clots;

Whereas atrial fibrillation is the most common cardiac malfunction and affects at least 2,200,000 people in the United States;

Whereas atrial fibrillation is associated with an increased long-term risk of stroke, heart failure, and all-cause mortality, especially among women;

Whereas atrial fibrillation accounts for approximately one-third of hospitalizations for cardiac rhythm disturbances;

Whereas according to the American Heart Association, 3 to 5 percent of people in the United States age 65 and older are estimated to have atrial fibrillation;

Whereas atrial fibrillation is recognized as a major contributor of strokes, with an estimated 15 to 20 percent of strokes occurring in people with the condition;

Whereas it is estimated that atrial fibrillation costs \$3,600 per patient annually for a total cost burden in the United States of \$15,700,000,000;

Whereas obesity is an important risk factor of atrial fibrillation;

Whereas better patient and health care provider education is needed for the timely recognition of atrial fibrillation symptoms;

Whereas more research into effective treatments for atrial fibrillation is needed; and

Whereas September 2009 is an appropriate month to observe “National Atrial Fibrillation Awareness Month”: Now, therefore, be it

1       *Resolved*, That the House of Representatives—

2               (1) supports the designation of a “National

3       Atrial Fibrillation Awareness Month”;

1           (2) supports “National Atrial Fibrillation  
2   Awareness Month” and efforts to educate people  
3   about atrial fibrillation;

4           (3) recognizes the need for additional research  
5   into treatment for atrial fibrillation; and

6           (4) encourages the people of the United States  
7   and interested groups to observe and support “Na-  
8   tional Atrial Fibrillation Awareness Month” through  
9   appropriate programs and activities to promote pub-  
10   lic awareness of atrial fibrillation and potential  
11   treatments for it.

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